Chelsea Wakefield, Ph.D., LCSW

is a Jungian-oriented therapist, workshop, and retreat leader who works with individuals, couples, and groups. She has spent twenty-five years facilitating people in moving beyond the wounds of the past, accessing their deep potential, and living more vibrant and meaningful lives. Chelsea draws from a depth of training in clinical and transpersonal methods and helps people integrate the insights of personal work into daily living. She has a passion for supporting women in developing their luminous potential.

Consider joining the community of growth-oriented Luminous Women in an ongoing support group and yearly reunions.

Women are saying:

"The luminous woman weekend changed my life. I learned how to cross a threshold and begin to transform into the woman I am meant to be. What an amazing and exciting journey into wholeness Chelsea Wakefield has introduced us to. I recommend this weekend to any woman who knows in her heart and soul that truly there is something more."

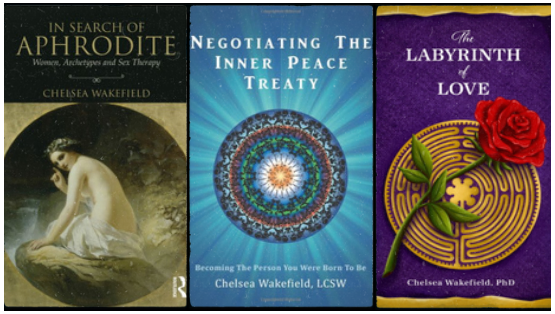
-P.G., North Carolina

"The weekend was way beyond any "personal growth "experience I've ever had; it barely even fits the category."

-E.P., Georgia

"I am so taken with the clarity of the model you have developed and the beauty and gentleness of how you presented it. I am struck by the strength of the image of crossing the threshold. It has already helped me change out of some of my old and outmoded energy for some invigorating surges of the new."

-M.B., Virginia



Left to Right
In Search of Aphrodite
Negotiating The Inner Peace Treaty
Newly Released The Labyrinth of Love

The Luminous Woman Weekend

April 11-13, 2025

Plaza West Office Building
Little Rock, AR

Come join

Chelsea Wakefield, PhD, LCSW

in a transformational exploration of your archetypal potential and what it means to live from your deep wisdom, unique beauty, and archetypal power.

The Luminous Woman Weekend

A woman becomes luminous when she begins to live by her inner light. This light grows as she establishes a taproot into the creative power of her depths, giving her a quiet dynamism that emanates from the core of her being.

The Luminous Woman ® Weekend is a special time away from the demands of others, where a woman can tune into her depths, explore her true potential and the power of the deep feminine.

If the life you have been living doesn't make sense anymore, if the way in which others have defined you doesn't fit, this is an opportunity to find or rediscover your authentic self and find a path forward to a more fulfilling life. This weekend will help you kindle the flame within. Whatever your reasons for coming, this is a chance to connect with deep resources that are already residing in the regions of your soul.

This is a place where you are free to spread your wings, explore being more sensually embodied, and to voice deep longings. Here we acknowledge courage and fortitude as we listen to valiant struggles against real challenges. This is a place to explore what is seeking to be born in you, and how to live in deeper alignment with your soul's calling. Here we celebrate each woman's unique beauty. In the process of integrating heart, mind, body, and soul you will be inspired to cross a threshold of limitation into your luminous potential.

Plaza West Office Building
Little Rock, AR

Directions to be provided.

April 11-13, 2025

Register at
www.chelseawakefield.com

6:00 pm Friday through
3:00 pm on Sunday

$395/person
Includes: 2 lunches and 1 dinner.

A non-refundable deposit of $150 is due when registering.

Lodging suggestions -
- A list of suggestions will be provided.

For more information
contact Chelsea at
chelsea@chelseawakefield.com

The Luminous Woman Weekend encompasses twenty-five years of discovery and work with women, supporting them to live into their deep wisdom, unique beauty, and archetypal power.

Join us if you want to...

- Define your current archetypal profile and discover what you need to integrate in order to live into your full potential, by accessing resources that are waiting within.
- Learn more about the developmental passages on a woman's journey and how you can avoid the common quagmires.
- Expand your capacity for relationship and intimacy.
- Experience living as a more joyfully embodied woman.
- Transcend wounds, relinquish past hurts, and live as who you were born to be.